

September 2022 Menu

5 – NO SCHOOL	6 Cereal, Graham Crackers, Peaches, Milk	7 Pancakes, Syrup, Cereal, Applesauce, Milk	8 French Toast, Syrup, Cereal, Peaches, Milk	9 Cinnamon Rice, Cereal, Peaches, Milk
12 Pancakes, Syrup, Cereal, Applesauce, Milk	13 French Toast, Syrup, Cereal, Peaches, Milk	14 Cereal, Bread, Jam, String Cheese, Pears, Milk	15 Scrambled Eggs, Tortilla, Salsa, Fruit Cocktail, Milk	16 Waffles, Syrup, Cereal, Pears, Milk
19 Cereal, Graham Crackers, Peaches, Milk	20 Cinnamon Rice, Cereal, Peaches, Milk	21 Waffles, Syrup, Cereal, Pears, milk	22 Pancakes, Syrup, Cereal, Applesauce, Milk	23 Scrambled Eggs, Tortilla, Salsa, Fruit Cocktail, Milk
26 Cereal, Graham Crackers, String Cheese, Peaches, Milk	27 Scrambled Eggs, Tortilla, Salsa, Pears, Milk	28 French Toast, Syrup, Cereal, Pineapple, Milk	29 Scrambled Eggs, Tortilla, Salsa, Pears, Milk	30 Cinnamon Rice, Cereal, Peaches, Milk



5 – NO SCHOOL <i>This institution is an equal opportunity provider. Menus Subject to change</i>	6 Mac N Cheese, Mixed Vegetables, Sugar Cookie, Pineapple, Milk	7 Pork Pinwheels, Fried Rice, Brown Gravy, Fruit Cocktail, Peas, Milk	8 Chili, Carrot Sticks, Fruit Cocktail, Cinnamon Roll, Milk	9 Spaghetti, Italian Bread, Margarine, Green Beans, Peaches, Milk
12 Sloppy Joe on Bun, Corn, Fruit Cocktail, Cheese Slice, Milk	13 Taco, Pineapple, Kidney Beans, Gingerbread, Corn, Milk	14 Chicken Nuggets, BBQ Sauce, Bread & Jam, Carrot/Celery Sticks, Applesauce, Milk	15 Broccoli and Rice casserole, Green Beans, Roll, Peaches, Milk	16 Turkey Stir-Fry, Rice, Choc. Chip Cookie, Pineapple, Carrot/Celery Sticks, Milk
19 Turkey Pot Pie, Broccoli, Royal Brownies, Pears, Milk	20 Hamburger Pizza, Green Beans, Choc. Chip Cookie, Pineapple, Milk	21 Salisbury Steak, Brown Gravy, Bread, Butter, Broccoli, Applesauce, Milk	22 Beef Stroganoff, Potato Wedges, Catsup, Carrot Sticks, Pears, Milk	23 Chicken Noodle Soup, Blueberry Muffin, Green Beans, Fruit Cocktail, Milk
26 Volcanic Meatloaf, Bread, Jam, Broccoli, Peaches, Milk	27 Chicken Patty, Lettuce & Tomato, Catsup, Carrot Sticks, Baked Beans, Peaches, Milk	28 Chicken Tetrzzini, Bread, Carrots, Peaches, Milk	29 Fish Sticks, French Dressing, Peas, Cornbread, Pineapple, Blueberries, Milk	30 Roasted Turkey, Mashed Potatoes, Gravy, Corn, Bread, Pineapple, Milk